

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you. Keep this leaflet. You may need to read it again. If you have more questions, ask your doctor or pharmacist. This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours. If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

ENOX® 1.25mg tablets

ENOX® 2.5mg tablets

ENOX® 5mg tablets

ENOX® 10mg Tablets

Ramipril

What is in this leaflet:

1. What **ENOX** is and what it is used for
2. What you need to know before you take **ENOX**
3. How to take **ENOX**
4. Possible side effects
5. How to store **ENOX**
6. Contents of the pack and other information

1. What ENOX is and what it is used for

ENOX contains a medicine called ramipril. This belongs to a group of medicines called ACE inhibitors (Angiotensin Converting Enzyme Inhibitors).

ENOX works by:

Decreasing your body's production of substances that could raise your blood pressure. Making your blood vessels relax and widen. Making it easier for your heart to pump blood around your body.

ENOX can be used:

To treat high blood pressure (hypertension)

To reduce the risk of you having a heart attack or stroke

To reduce the risk or delay the worsening of kidney problems (whether or not you have diabetes)

To treat your heart when it cannot pump enough blood to the rest of your body (heart failure)

As treatment following heart attack (myocardial infarction) complicated with heart failure.

2. What you need to know before you take ENOX

Do not take ENOX:

If you are allergic to ramipril, any other ACE inhibitor medicine or any of the ingredients of this medicine listed in section 6.

Signs of an allergic reaction may include a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue

If you have ever had a serious allergic reaction called "angioedema". The signs include itching, hives (urticaria), red marks on the hands, feet and throat, swelling of the throat and tongue, swelling around the eyes and lips, difficulty breathing and swallowing

If you have taken or are currently taking sacubitril/valsartan, a medicine used to treat a type of long-term (chronic) heart failure in adults.

If you are having dialysis or any other type of blood filtration. Depending on the machine that is used, **ENOX** may not be suitable for you

If you have kidney problems where the blood supply to your kidney is reduced (renal artery stenosis)

During the last 6 months of pregnancy (see section below on "Pregnancy and breast-feeding")

If your blood pressure is abnormally low or unstable. Your doctor will need to make this assessment

If you have diabetes or impaired kidney function and you are treated with a blood pressure lowering medicine containing aliskiren

Do not take ENOX if any of the above apply to you.

If you are not sure, talk to your doctor before taking **ENOX**.

Warnings and precautions

Talk to your doctor or pharmacist before taking **ENOX**:

If you have heart, liver or kidney problems

If you have lost a lot of body salts or fluids (through being sick (vomiting), having diarrhoea, sweating more than usual, being on a low salt diet, taking diuretics (water tablets) for a long time or having had dialysis)

If you are going to have treatment to reduce your allergy to bee or wasp stings (desensitization)

If you are going to receive an anaesthetic. This may be given for an operation or any dental work. You may need to stop your **ENOX** treatment one day beforehand; ask your doctor for advice

If you have high amounts of potassium in your blood (shown in blood test results)

If you are taking medicines or have conditions which may decrease sodium levels in your blood. Your doctor may carry out regular blood tests, particularly for checking the levels of sodium in your blood especially if you are elderly.

If you are taking medicines that may increase the risk of angioedema, a serious allergic reaction, such as mTOR inhibitors (e.g. temsirolimus, everolimus, sirolimus), vildagliptin, neprilysin (NEP) inhibitors (such as raltegravir) or sacubitril/valsartan. For sacubitril/valsartan, see section 2 "Do not take ENOX".

If you have collagen vascular disease such as scleroderma or systemic lupus erythematosus

You must tell your doctor if you think that you are (or might become) pregnant.

ENOX is not recommended in the first 3 months of pregnancy and may cause serious harm to your baby after 3 months of pregnancy (see section below on "Pregnancy and breast-feeding").

If you are taking any of the following medicines used to treat high blood pressure: an angiotensin II receptor blocker (ARBs) (also known as sartans-for example valsartan, telmisartan, irbesartan), in particular if you have diabetes-related kidney problems.

Your doctor may check your kidney function, blood pressure, and the amount of electrolytes (e.g. potassium) in your blood at regular intervals.

See also information under the heading "Do not take **ENOX**".

Children and adolescents

ENOX is not recommended for use in children and adolescents below 18 years of age because the safety and efficacy of **ENOX** in children has not yet been established. If any of the above apply to you (or you are not sure), talk to your doctor before taking **ENOX**.

Other medicines and ENOX

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

This is because **ENOX** can affect the way some other medicines work. Also some medicines can affect the way **ENOX** works.

Tell your doctor if you are taking any of the following medicines. They can make **ENOX** work less well:

Medicines used to relieve pain and inflammation (e.g. Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) such as ibuprofen or indometacin and aspirin)

Medicines used for the treatment of low blood pressure, shock, cardiac failure, asthma or allergies such as ephedrine, noradrenaline or adrenaline. Your doctor will need to check your blood pressure.

Tell your doctor if you are taking any of the following medicines. They can increase the chance of getting side effects if you take them with **ENOX**:

Sacubitril/valsartan – used for treating a type of long term (chronic) heart failure in adults (see section 2 "Do not take **ENOX**")

Medicines used to relieve pain and inflammation (e.g. Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) such as ibuprofen or indometacin and aspirin)

Medicines for cancer (chemotherapy)

Medicines to stop the rejection of organs after a transplant such as ciclosporin

Diuretics (water tablets) such as furosemide

Medicines which can increase the amount of potassium in your blood such as spironolactone, triamterene, amiloride, potassium salts, trimethoprim alone or in combination with sulfamethoxazole (for infections) and heparin (for thinning blood)

Steroid medicines for inflammation such as prednisolone

Allopurinol (used to lower the uric acid in your blood)

Procainamide (for heart rhythm problems)

Temsirolimus (for cancer)

Sirolimus, everolimus (for prevention of graft rejection)

Vildagliptin (used for treating type 2 diabetes)

Racecadotril (used against diarrhoea)

Your doctor may need to change your dose and/or to take other precautions if you are taking an angiotensin II receptor blocker (ARB) or aliskiren (see also information under the headings "Do not take **ENOX**" and "Warnings and precautions").

Tell your doctor if you are taking any of the following medicines. They may be affected by **ENOX**.

Medicines for diabetes such as oral glucose lowering medicines and insulin. **ENOX** may lower your blood sugar amounts. Check your blood sugar amounts closely while taking **ENOX**.

Lithium (for mental health problems). **ENOX** may increase the amount of lithium in your blood. Your lithium amount will need to be closely checked by your doctor. If any of the above apply to you (or you are not sure), talk to your doctor before taking **ENOX**.

ENOX with food and alcohol

Drinking alcohol with **ENOX** may make you feel dizzy or light-headed. If you are concerned about how much you can drink while you are taking **ENOX**, discuss this with your doctor as medicines used to reduce blood pressure and alcohol can have additive effects.

ENOX may be taken with or without food.

Pregnancy and breast-feeding

Pregnancy

You must tell your doctor if you think that you are (or might become) pregnant.

You should not take **ENOX** in the first 12 weeks of pregnancy and you must not take them at all from the 13th week as their use during pregnancy may possibly be harmful to the baby. If you become pregnant while on **ENOX**, tell your doctor immediately. A switch to a suitable alternative treatment should be carried out in advance of a planned pregnancy.

Breast-feeding

You should not take **ENOX** if you are breast-feeding.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

You may feel dizzy, while taking **ENOX**. This is more likely to happen when you start taking **ENOX** or start taking a higher dose. If this happens, do not drive or use any tools or machines.

ENOX tablets contains lactose (a type of sugar). If your doctor tells you to have some sugary intolerance, talk to your doctor before you start taking this medicine.

3. How to take ENOX

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Treatment of high blood pressure

The usual starting dose is 1.25 mg or 2.5 mg once daily.

Your doctor will adjust the amount you take until your blood pressure is controlled. The maximum dose is 10 mg once daily.

If you are already taking diuretics (water tablets), your doctor may stop or reduce the amount of the diuretic you take before beginning treatment with **ENOX**.

To reduce the risk of you having a heart attack or stroke

The usual starting dose is 2.5 mg once daily.

Your doctor may then decide to increase the amount you take.

The usual dose is 10 mg once daily.

Treatment to reduce or delay the worsening of kidney problems

You may be started on a dose of 1.25 mg or 2.5 mg once daily.

Your doctor will adjust the amount you are taking.

The usual dose is 5 mg or 10 mg once daily.

Treatment of heart failure

The usual starting dose is 1.25 mg once daily.

Your doctor will adjust the amount you take.

The maximum dose is 10 mg daily. Two administrations per day are preferable.

Treatment after you have had a heart attack

The usual starting dose is 1.25 mg once daily to 2.5 mg twice daily.

Your doctor will adjust the amount you take.

The usual dose is 10 mg daily. Two administrations per day are preferable.

Elderly

Your doctor will reduce the initial dose and adjust your treatment more slowly.

Taking this medicine

Take this medicine by mouth at the same time of the day each day.

Swallow the tablets whole with liquid. Do not crush or chew the tablets.

If you take more ENOX than you should

Tell a doctor or go to the nearest hospital casualty department straight away. Do not drive to the hospital, get somebody else to take you or call for an ambulance. Take the medicine pack with you. This is so the doctor knows what you have taken.

If you forget to take **ENOX**

If you miss a dose, take your normal dose when it is next due.

Do not take a double dose to make up for a forgotten tablet/capsule.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking **ENOX** and see a doctor straight away, if you notice any of the following serious side effects – you may need urgent medical treatment:

Swelling of the face, lips or throat which make it difficult to swallow or breathe, as well as itching and rashes. This could be a sign of a severe allergic reaction to **ENOX**. Severe skin reactions including rash, ulcers in your mouth, worsening of a pre-existing skin disease, reddening, blistering or detachment of skin (such as Stevens-Johnson syndrome, toxic epidermal necrolysis or erythema multiforme).

Tell your doctor immediately if you experience:

Faster heart rate, uneven or forceful heartbeat (palpitations), chest pain, tightness in your chest or more serious problems including heart attack and stroke
Shortness of breath or a cough. These could be signs of lung problems

Bruising more easily, bleeding for longer than normal, any sign of bleeding (e.g. bleeding from the gums), purple spots, blotching on the skin or getting infections more easily than usual, sore throat and fever, feeling tired, faint, dizzy or having pale skin. These can be signs of blood or bone marrow problems

Severe stomach pain which may reach through to your back. This could be a sign of pancreatitis (inflammation of the pancreas).

Fever, chills, tiredness, loss of appetite, stomach pain, feeling sick, yellowing of your skin or eyes (jaundice). These can be signs of liver problems such as hepatitis (inflammation of the liver) or liver damage.

Other side effects include:

Tell your doctor if any of the following gets serious or lasts longer than a few days.

Common (may affect up to 1 in 10 people)

Headache or feeling tired

Feeling dizzy. This is more likely to happen when you start taking **ENOX** or start taking a higher dose

Fainting, hypotension (abnormally low blood pressure), especially when you stand or sit up quickly

Dry tickly cough, inflammation of your sinuses (sinusitis) or bronchitis, shortness of breath

Stomach or gut pain, diarrhoea, indigestion, feeling or being sick

Skin rash with or without raised area

Chest pain

Cramps or pain in your muscles

Blood tests showing more potassium than usual in your blood.

Uncommon (may affect up to 1 in 100 people)

Balance problems (vertigo)

Itching and unusual skin sensations such as numbness, tingling, pricking, burning or creeping on your skin (paraesthesia)

Loss or change in the way things taste

Sleep problems

Feeling depressed, anxious, more nervous than usual or restless

Blocked nose, difficulty breathing or worsening of asthma

A swelling in your gut called "intestinal angioedema" presenting with symptoms like abdominal pain, vomiting and diarrhoea

Heartburn, constipation or dry mouth

Passing more water (urine) than usual over the day

Sweating more than usual

Loss or decrease of appetite (anorexia)

Increased or irregular heartbeats

Swollen arms and legs. This may be a sign of your body holding onto more water than usual

Flushing

Blurred vision

Pain in your joints

Fever

Sexual inability in men, reduced sexual desire in men or women

An increased number of certain white blood cells (eosinophilia) found during a blood test

Blood tests showing changes in the way your liver, pancreas or kidneys are working.

Rare (may affect up to 1 in 1,000 people)

Feeling shaky or confused

Red and swollen tongue

Severe flaking or peeling of the skin, itchy, lumpy rash

Nail problems (e.g. loosening or separation of a nail from its bed)

Skin rash or bruising

Blotches on your skin and cold extremities

Red, itchy, swollen or watery eyes

Disturbed hearing and ringing in your ears

Feeling weak

Blood tests showing a decrease in the number of red blood cells, white blood cells or platelets or in the amount of haemoglobin.

Very rare (may affect up to 1 in 10,000 people)

Being more sensitive to the sun than usual.

Other side effects reported:

Tell your doctor if any of the following gets serious or lasts longer than a few days.

Difficulty concentrating

Swollen mouth

Blood tests showing too few blood cells in your blood

Blood tests showing less sodium than usual in your blood

Concentrated urine (dark in colour), feel or are sick, have muscle cramps, confusion and fits which may be due to inappropriate ADH (anti-diuretic hormone) secretion.

If you have these symptoms contact your doctor as soon as possible

Fingers and toes changing colour when you are cold and then tingling or feeling painful when you warm up (Raynaud's phenomenon)

Breast enlargement in men

Slowed or impaired reactions

Burning sensation

Change in the way things smell

Hair loss.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store ENOX

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister pack after expiry date. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What ENOX contains

The active substance is ramipril.

The other ingredients are : lactose monohydrate, sodium bicarbonate, pregelatinized corn starch, glyceryl dibehenate, sodium stearyl fumarate

Film: Top Mill yellow (**ENOX** 2,5 mg), Top Mill red (**ENOX** 5 mg), Top Mill Blue (**ENOX** 10 mg)

What ENOX looks like and contents of the pack

Box of 30 (30x10) tablets (round, white, with brake line on one side) of 1,25 mg ramipril in blister pack.

Box of 30 (30x10) tablets (round, light yellow, with brake line on one side) of 2,5 mg ramipril in blister pack.

Box of 30 (30x10) tablets (round, light red, with brake line on one side) of 5 mg ramipril in blister pack.

Box of 30 (30x10) tablets (round, light blue, with brake line on one side) of 10 mg ramipril in blister pack.

Marketing Authorisation Holder and Manufacturer

ZADA Pharmaceuticals Ltd.,
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DATE AND NUMBER OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

ENOX, tablet, 30 x 1,25 mg: 04-07.3-2-4839/15 od 30.09.2015.

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