

PATIENT INFORMATION LEAFLET

CURCUMIN FORTE film-coated tablets

Curcuma longa, piper nigrum

dietary supplement

Supports general health/powerfull antioxidant

Supplement facts

Serving size:1 film-coated tablet

Amount per serving	DV%
500 mg Turmeric extract (Curcuma longa- root) - standardized to contain 95 % curcuminoids	*
5 mg Black Pepper extract (Piper nigrum fruit) - standardized to contain 98 % piperine	*
*Daily Value is not established.	

Other ingredients: pregelatinized corn starch, microcrystalline cellulose, sodium starch glycolate, colloidal silicon dioxide, magnesium stearate, polyethylene glycol.

Turmeric is used for centuries in Ayurvedic medicine and it is known as the primary anti-inflammatory herb. The active constituent, curcumin, is a potent antioxidant that supports the overall cellular health of your entire body, especially liver health.

Turmeric also improves glutathione production. Glutathione is an important antioxidant in the body that reduces the amount of reactive oxygen species (ROS) and oxidative stress.

Turmeric extract has significant hepatoprotective effects. Several issues can compromise liver function, including viruses, such as hepatitis, chronic alcohol consumption, nicotine, oxidative stress, certain medications and drugs, as well as cancer. Turmeric improves liver function by increasing detoxification ability. It also acts against inflammatory processes in the body, especially arthritis. Turmeric exerts anti-inflammatory activity by inhibition of a number of different molecules that play a role in inflammation. Anti-inflammatory action prevents the joint damage and slows the disease progression.

Turmeric health benefits:

- ❖ potent antioxidant - protectst against oxidative stress
- ❖ supports liver function and healthy digestion - boosts liver detoxification
- ❖ supports healthy inflammation response - reduces inflamation
- ❖ supports healthy joints

Black Pepper Extract

Turmeric is not easily absorbed by the body. Piperine, purified black pepper fruit extract, has been clinically shown to naturally increase turmeric's absorption. It has the ability to enhance the serum concentration, increase the extent of absorption and increase the bioavailability of turmeric with no adverse effects. This ensures that you get the maximum health benefits that these tablets have to offer.

Dosage and use

As dietary supplement, take one (1) to two (2) tablets daily, preferably with food, or as directed by a health care professional. Do not exceed the recommended intake.

Possible side effects

Some people may experience stomach upset, nausea, dizziness or diarrhea. These side effects occur very rarely and mainly in cases of prolonged consumption or overdose.

Caution:

If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your physician before taking this product. Pregnant or lactating women should consult a physician before use. Discontinue use if any adverse reactions occur and consult physician.

Dietary supplements are not a substitute or replacement for a balanced diet. It is important to adhere to a balanced and varied diet and a healthy lifestyle.

Restrictions for use: Do not use this product if you are allergic to any of its ingredients.

Package: 30 film-coated tablets, in a box.

Storage: Store below 25°C in a dry place, out of reach of children.

Batch number and expiry date: Printed on packaging. Do not use this product after expiration date.

Date and number of authorisation:

Shelf life: 3 years. Printed on packaging.

Authorisation holder:

Manufacturer:

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Country of origin: Bosnia and Herzegovina