



## PATIENT INFORMATION LEAFLET

# TIACID 600 mg film-coated tablets dietary supplement

Supports antioxidative health

Supplement facts

Serving size:1 film-coated tablet

One film-coated tablet contains:

Active substances: 600 mg alpha lipoic acid

**Other substances:** lactose monohydrate, hydroxypropyl cellulose, microcrystalline cellulose, croscarmellose sodium, povidone, sodium lauryl sulphate, colloidal silica

anhydrous, stearic acid, talk and magnesium stearate.

Film: Opadry II yellow.

# What is TIACID 600 and what is recommended for?

**TIACID 600** is a dietary supplement, universal antioxidant that helps protect against cellular oxidation and age-related damage. Alpha Lipoic Acid (ALA) is a vitamin-like substance, universal antioxidant that helps glucose metabolism and energy production in the cells. It improves the function of peripheral nerves in patients with diabetic sensory polyneuropathy. Also supports liver function.

#### Mechanisam of action:

**Alpha lipoic acid** prevents the formation of glucose in the blood vessels of matrix proteins, the formation of end products of glycosylation, endoneuraly improves blood flow and stimulates the production of glutathione - the antioxidant substances. As a result of such action it improves the function of peripheral nerves in patients with diabetic sensory polyneuropathy.

# Tiacid 600 (alpha lipoic acid) health benefits:

- ❖ Powerful antioxidant
- Defends against free radicals
- Supports healthy glucose levels
- Prevents diabetic polyneuropathies
- Supports cardiovascular health

### Directions for use:

One tablet daily on an empty stomach, preferable at least half an hour before the first meal. Do not exceed recommended daily dose.

Dietary supplements are not a substitute or replacement for a balanced diet. It is important to adhere to a balanced and varied diet and a healthy lifestyle.

## Caution:

Do not use this product if you are allergic to any of its ingredients.

## Restrictions for use:

Patients suffering from diabetes mellitus should monitor blood glucose levels during use of this product. It is not recommended for children under the age of 18, as well as pregnant and lactating women.

**Batch number and expiry date:** Printed on packaging. Do not use this product after expiration date.

Package: 30 film-coated tablets in a blister pack, in a box.

**Storage instructions:** Store below 25C in a dry place, out of reach of children.

Shelf life: 3 years.

Date and number of authorisation:

**Authorisation holder:** 

## Manufactured by:

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