

PATIENT INFORMATION LEAFLET

Calcium plus film-coated tablets dietary supplement

Provides nutritional support for the musculoskeletal system and teeth health

Supplement facts

Serving size: 1 film-coated tablet

One film-coated tablet contains:

Active ingredients: 400 mg calcium (as Ca carbonate), 150 mg magnesium (as Mg oxide), 100 mg ipriflavone, 0,04 mg vit.K2 (menaquinone) and 0,005 mg vit.D3 (cholecalciferol).

Other ingredients: povidone, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate.

What is Calcium Plus and what is recommended for?

Calcium Plus is a dietary supplement primarily intended for the maintenance of normal bones, muscle function and tooth health. Calcium Plus will provide the body with the optimal amount of calcium and magnesium, whose absorption is stimulated by vitamin D3 and K2 and ipriflavone, and contribute to the normal muscle function, nervous system health, energy metabolism and fatigue and fatigue reduction.

What are active ingredients in Calcium Plus?

Calcium is essential in the maintenance of normal bones and teeth and in the maintenance of normal muscle function. Calcium contributes to the development and stability of the bones. It also contributes to normal blood clotting and normal energy metabolism.

Magnesium supports the maintenance of normal bones and teeth. Also contributes to normal nerve function and normal muscle contractions, normal psychological functions and reduction of tiredness and fatigue.

Vitamin K2 is important for the maintenance of normal bone tissue. Also contributes to normal blood clotting.

Vitamin D3 plays a role in the absorption and utilization of calcium and phosphorus and contributes to normal blood calcium levels.

Ipriflavone is a registered treatment for osteoporosis in many European countries and Japan. It is used as an alternative to hormonal therapy to increase bone mass and reduce pain associated with osteoporosis. It seems to work both by inhibiting bone turnover and by stimulating bone formation. In vitro studies show that ipriflavone can stimulate the activity of osteoblasts and perhaps stimulating bone formation. Studies show that ipriflavone has the strongest effect when administered in combination with other supplements that support bone health (calcium, vit.D3).

Calcium Plus is especially recommended for:

- ❖ the prevention and treatment of osteoporosis
- ❖ maintenance of the musculoskeletal system health
- ❖ postmenopausal women and athletes

Directions for use:

1-2 tablets per day with meal or as directed by your health care professional. Do not exceed recommended daily dose.

Dietary supplements are not a substitute or replacement for a balanced diet. It is important to adhere to a balanced and varied diet and a healthy lifestyle.

Caution

Do not use this product if you are allergic to any of its ingredients.

Restrictions for use:

Avoid this product in case of earlier problems with kidney stones. Pregnant or lactating women should consult a physician before use. It is not recommended for younger than 18 years of age.

Batch number and expiry date: Printed on packaging. Do not use this product after expiration date.

Package: 60 film-coated tablets in a blister pack, in a box.

Storage instructions: Store in a cool, dry place. Keep out of reach of children.

Shelf life: 3 years.

Date and number of authorisation:

Authorisation holder:

Manufactured by:

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Country of origin: Bosnia and Herzegovina